

Self Assessment Test-1

Class-4

Science

Full marks-20

Time-45 mins

(NB:Read the questions carefully and write the answers only)

1.Fill in the blanks- **1×4=4**

- a.The temporary teeth has ___ set of teeth.
- b.___ stores the food at a very low temperature and prevent it from spoiling.
- c.___has no nutritive value. It helps in removing undigested food from the body.
- d.The outer white layer of the tooth is called the ___.

2. Name the following (2 for each) - 1×2=2

- a.Nutrients- ____,___
- b.Food that keeps our teeth healthy- ____,___

3.Say whether true or false - 1×2=2

- a.Vitamins are protective food. ____
- b.Wisdom teeth grows at the age of 6-7 years.____

4.Answer the following questions - 2×2=4

- a.What are body building food?
- b.Why should we avoid eating too much sweets and chocolates?

5.Define the following- **1×2=2**

- a.Balanced diet-
- b.Preservation-

6.Answer in brief- **4×1=4**

- a.Name the different types of teeth and write their functions.

7.Draw neatly 2 food rich in carbohydrates and name them.

(2)